

LOSS CONTROL

Information Bulletin

SAFETY FIRST ***WORKING WITH A POSITIVE ATTITUDE***

(People Work Better When They Feel Better)

While doing one's job and/or just going through life. A positive attitude can go a long way. Example: Having a positive attitude helps a person feel good about themselves. Then, they are also good employees and a safer employee.

Humans instinctively seek to avoid pain and death. Yet, we may behave in a manner that is a threat to our well-being. There are a couple of reasons why this occurs. The first is lack of knowledge. What you do not know, can hurt you! The second reason we may act in a risky manner is attitude. What is your attitude toward safety?

When asked some may say they are all for it. Others may complain about any safety effort made. The difference between the two is one of attitude. Your attitude affects almost all that you do and how you do it.

How you ever noticed that people who are successful in life, or are just happy, tend to have a positive attitude? Therefore, it is with safety. Look at it this way...safety rules and procedures are written to protect you from harm. They are not written to make your work life more uncomfortable or inconvenient. After, all, safety equipment and training costs your employer additional up front money.

Most employees try hard to do what is expected in their jobs and a part of doing what is right includes wearing their personal protective equipment, wearing their seatbelt when driving, and following safety rules during their normal workday. Even when things are difficult, you try to do your best. You set goals for yourself and you try to meet them.

If you cooperate in safety matters, not only is there a lesser likelihood of you getting hurt, you will not be doing battle with the boss who is just trying to do his job by enforcing the safety rules. In addition, you should feel more confident on the job knowing you have a better chance of making it thorough the day without injury.

We are not perfect. Even the best of us can forget or make errors in judgment. To maximize our safety efforts, we must look out for one another. If someone tells you that you are not working in a safe manner, do not become angry or defensive. Be thankful your errors were noted before someone got hurt. If you see someone doing something unsafe, speak up, but do so diplomatically. Treat others just as you would like to be treated in the same situation.

Important Phone Numbers

Meadowbrook Loss Control

334-954-7260 or 1-800-536-7702

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Remember, attitude affects behavior. If you have a positive attitude, odds are you will exhibit safe behavior. A negative attitude toward safety will only cause conflict, stress and, ultimately, an accident. Your negative attitude will cause people around to feel uneasy, you to be grumpy, bored, tired, and discouraged easily. An employee with a negative attitude may also feel that wearing safety equipment is not necessary and when not around other employees take short cuts that may result in an accident and/or injury.

LIFE IS ABOUT MAKING CHOICES

- You Choose How You React To Situations.
- You Choose How People Will Affect Your Mood.
- You Choose To Be In A Good Mood Or Bad Mood.
- The Bottom Line: It's Your Choice How You Live.
- Attitude, After All, Is Every Thing.

Your attitude can play a major role in the prevention of accidents and injuries.

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Note

This document is not intended to be legal advice. It does not identify all the issues surrounding the particular topic. You are encouraged to review your policies and procedures with an expert or an attorney who is knowledgeable about the topic.